

RESOURCE 01

A True Story of Redemption and Renewal



BELIEVING IN THE

God of Revival

How God Can Use You to Reclaim
Love and Trust in Your Marriage



Letter

FROM THE AUTHOR

This resource shares the story of the most impactful season of our married life. The lessons God taught us are universal, and I believe applying them to your own marriage offers the best chance for healing.

My friends, I want you to know that your marriage is not beyond revival. God can still work in your marriage, but you have to believe that for yourself. You may feel like all is lost, but the strongest, most fulfilling marriages are those that walk through dark moments and come out stronger on the other side. I pray that as you read this, you begin to believe again, begin to hope again, and begin to trust God once more. May God bless you as you fight for what was once yours.

Sincerely,

A handwritten signature in black ink that reads "Josef Kauzlarich". The signature is fluid and cursive, with a long horizontal line extending from the end.



REVELATION

01

You can only change you.

“If we can’t figure this out, then maybe separation is the best path for both of us.” My wife said these words to me one day in our tiny condo rental two years into our marriage.

We had struggled to connect for quite some time, and every interaction was becoming increasingly strained. Many evenings, we would come home, barely exchange words, and retreat into our activities. She would sit on the couch where I played video games, read a book, or chat with her friends. Our intimacy—both spiritual and physical—had all but disappeared, and we were each moving forward with entirely separate visions of the future.

When she first mentioned separation, I was visibly upset. My heart sank, and a deep sadness and fear washed over me. Sensing my reaction, she said, “Let’s not think about it now. Why don’t you sit down and play your games tonight? That always takes your mind off things and makes you happier.” I agreed, and we settled into what had become a typical evening in our home. The worst part was that she was right. While playing my games, I did feel better—or at least distracted. What I couldn’t see at the time was how I had contributed to the deterioration of our marriage.

I am a pacifist to a fault. Rather than proactively addressing the growing problems in our marriage, I would shrug my shoulders and hope everything would work out on its own. I had trained myself to accept the status quo and numb myself with entertainment. Instead of taking the necessary steps toward healing, I ignored the signs and avoided the work we needed to do to save our relationship.

Another major issue was my desire to “save face” in all situations. I wanted to maintain the appearance that everything was bright and cheery—both at home with my wife and when we were out in public. I clung to the lie that she was wild about me and that nothing could change that. In my mind, I was her hero, her knight in shining armor, and she would never want to leave me. I held on to this fantasy and pretended that nothing was wrong.

**The truth was that we were broken
and not getting the help we needed.**

The truth was that we were broken and not getting the help we needed. We were in a rut, and the most challenging realization was how much I had contributed to our problems and how blind I had been to my own role in them.

That night, however, I went to bed utterly blind to my contributions. My heart broke over what was happening to me, and I took on the identity of a victim. I felt an enormous and overwhelming pain as I lay there, tears streaming down my cheeks. The pillow became soaked as I dwelled on what I believed she was doing to me. My pain was very real, but the cause was misplaced.

In my mind, I attacked her, accusing her of being the one who had changed and grown discontent with her life. Hadn't I been good to her? Hadn't I provided for her? I defended myself by replaying everything I had done for her, convincing myself that I had brought her to where she was in life. My heart grew callous and angry, and I even began to imagine ways I could make her life painful without me—ways I could exact revenge for this perceived mistreatment.

But that feeling lasted only a moment. I remembered how much I loved her and how much I had taken her for granted. The anger gave way to fresh tears—this time not from feeling victimized but from genuine sorrow over the entire situation. I was losing the love of my life, and for the first time, I was truly afraid. How did we get here?

If your marriage has ever been like this, I am sure some of my feelings resonate with you. In a crisis like this, we are bound to feel shock, surprise, sorrow, anger, betrayal, jealousy, and fear. We are also far more likely to blame our spouse before owning up to our failures. That was me. I was so blind to the numerous shortcomings that had led to this moment.

When we go through a season like this, we should remember how self-serving we can be. The prophet Jeremiah says it this way:

“There is nothing more deceitful than the heart of man; who can understand it? Man’s heart is sick, in need of healing.” Jeremiah 17:9 TPT



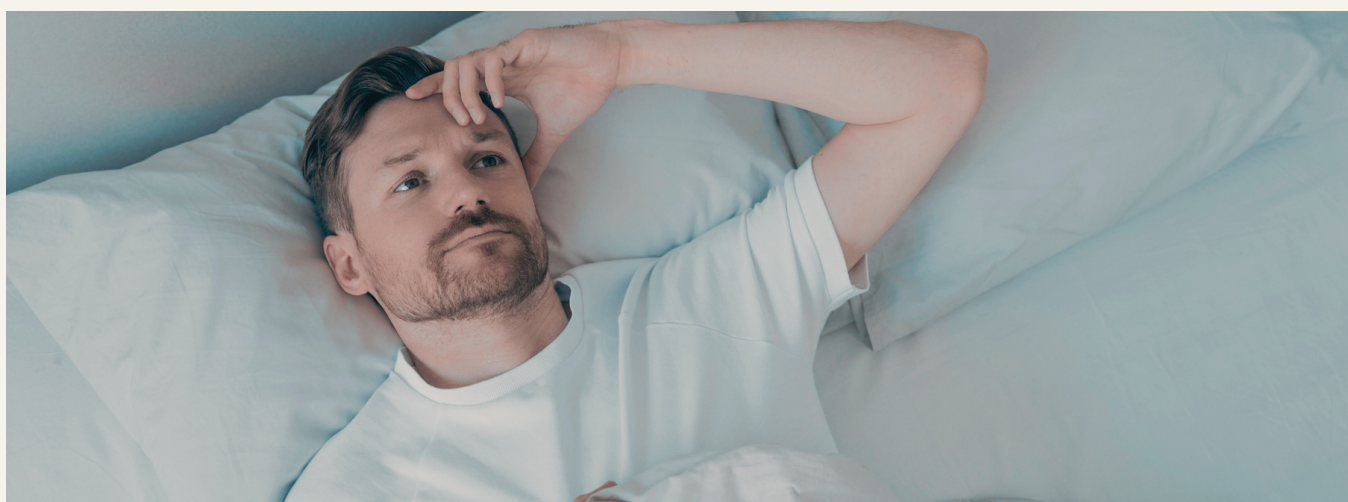
The Jewish understanding of the heart included not just feelings but also the mind. It was considered the center of a person, encompassing thoughts, will, desires, and conscience. What Jeremiah is saying, then, is that there is something fundamentally broken about our very nature. The core of who we are needs healing and restoration. This natural inclination toward sin led to my self-preserving, defensive attitude. I couldn't see my contribution to our struggles—I could only focus on her faults. But God is so gracious.

In my pain and fear, I began to cry out to Him in silent agony. I asked why He was letting this happen. How could He allow it to come to this? I questioned His goodness and began to wonder if He even cared about me at all. But God was not about to let me continue down that path of thinking. He met me where I was with mercy and grace.

Instead of reprimanding me as I deserved, He blessed me with His presence and assurance. I lifted my hands toward the ceiling as if I were reaching for Him, and an overwhelming, incomprehensible peace flooded my heart. At that moment, God washed away my pain and fear, and I finally stopped thinking long enough for God to speak to me.

“You cannot change her. You can only change yourself.”

His words were so clear and exactly what I needed to hear. He gave me the perfect response that neither affirmed my selfish thoughts nor allowed me to remain in them. Instead, He gently turned my attention away from her faults and asked me to focus on my own. That peace lingered, and I fell into a deep, restful sleep.



God Can Save My Marriage

I wish I could say that the following day, I woke up, and everything was all better. That experience with God didn't instantly transform my marriage, but it did ignite a spark within me.

One of the first steps I took was to buy a book called *The Love Dare* by Alex and Steven Kendrick. It's a good book that challenges you to love your spouse radically. I bought it hoping for practical advice to save my marriage. I was desperate to avoid the separation my wife had mentioned and believed that pouring out love day after day would surely win her back.

When the book arrived and I began to follow its advice, my wife struggled to respond. What I didn't realize at the time, because I never took the time to understand, was what she was going through. Her struggles in our relationship weren't rooted in a lack of love for me. Rather, she was facing an identity crisis of her own.

My wife and I had been together since high school, united by one goal: to get married. We believed that tying the knot would solidify the happiness we felt and ensure it lasted forever. However, after we were married, that illusion faded quickly.





We began to realize that we hadn't built shared purpose or a clear vision for our future together because we never thought much beyond, "get married."

We also wanted to have children early, which was a significant desire for my wife. When this desire was unmet after a couple years of trying, fear started to creep in, making us worry that we might never have children. This fear ignited her internal struggles. She began to search for an understanding of who she was, especially who she was without me. Ultimately, this soul searching convinced her that we were too different to have a shared future together and she resigned herself to the belief that our marriage was going to end.

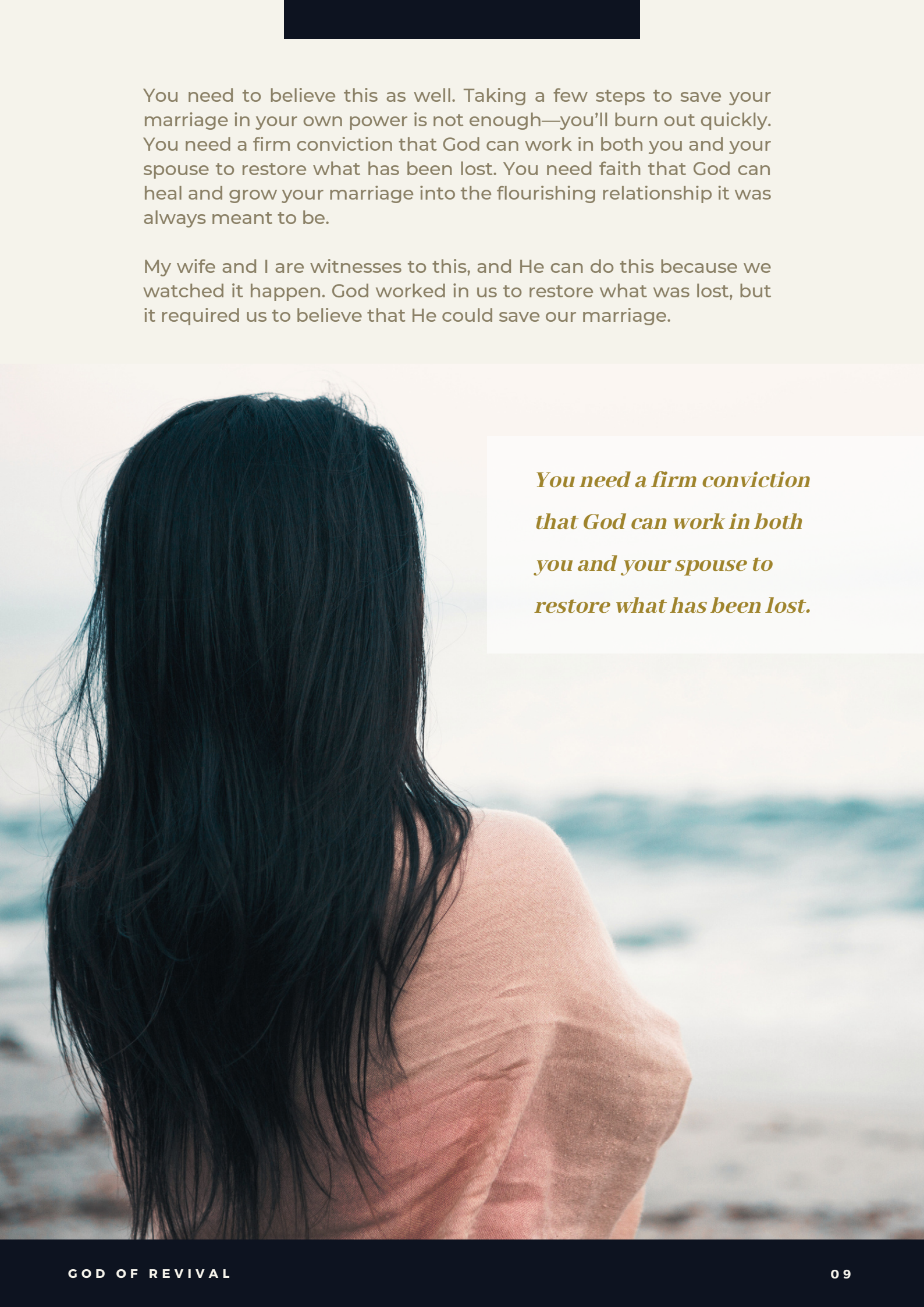
I'm not criticizing *The Love Dare*. The book's principles were solid, and I was learning a lot as I read through its pages. However, the actions I was taking were tone-deaf because desperate declarations and acts of love were not what she needed in that season. She needed to realize who God created her to be, how much He loved her, and just how valuable she was to everyone around her. Unfortunately, these revelations came much later.

Through this season I realized I was trying to change her through my personal actions and efforts. I was doing everything to provoke a positive response and win back her love. But the reality was, she wasn't in a place where she could offer that to me. No amount of effort on my part could change that because I wasn't the one she needed.

I felt like giving up—letting her walk away and moving on with my life. I thought, If I can't change her, who can? That's when it hit me: He can. God is the one who can change her.

Reflecting on what God had told me, I came to two conclusions. First, I needed to focus solely on my growth and stop trying to change her mind. I recognized that my sin might be blinding me to my faults and that I needed to pursue deeper introspection and prayer.

Second, I had to trust that God was the only one who could save me and my wife. He knew the issues within each of us, and I needed to believe He had the best plan to address them. Though I couldn't see how God would save my marriage, I started to trust He could.

A woman with long, dark, wavy hair is seen from the back, looking out at a body of water under a bright sky. She is wearing a light-colored, possibly pink or peach, top. The background is a soft-focus view of the ocean with gentle waves.

You need to believe this as well. Taking a few steps to save your marriage in your own power is not enough—you'll burn out quickly. You need a firm conviction that God can work in both you and your spouse to restore what has been lost. You need faith that God can heal and grow your marriage into the flourishing relationship it was always meant to be.

My wife and I are witnesses to this, and He can do this because we watched it happen. God worked in us to restore what was lost, but it required us to believe that He could save our marriage.

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God Can Use Me

At this point, God had revealed two critical truths to me. First, I didn't have the power to change my wife—I could only change myself. Second, God did have the power to save my marriage. I genuinely believe I would have quit early without discovering these two truths. I didn't realize then that God was leading me toward two more incredible revelations.

In the days following my drastic attempts to salvage my marriage, I spent countless hours contemplating how to move forward. I mulled over these two truths while devouring every marriage resource I could find. God was guiding me, but my progress was slow because I remained ignorant of the deeper issues within me that had contributed to this crisis.

It's important to emphasize this key point: Even though I was still functioning with the same flawed mindset and my attempts to save my marriage were essentially selfish, God was still at work within me. He didn't wait for me to be perfect; He began with what I had.

The same is true for all of us. God will not disqualify you because of where you are. So don't disqualify yourself! Never think you don't have what it takes to save your marriage.

God can use whatever you offer Him, no matter how imperfect. He is a master architect, creating masterpieces out of messes, and your marriage is no exception. All He seeks is a willing heart—someone who demonstrates faith by taking each step He reveals. Your heart's posture needs to shift to simply trusting God daily for the next step.

I'm not sure exactly when it happened, but I eventually came to a powerful realization. If I could only change myself, and if God had the power to save my marriage, then the next logical step was to believe that God could use me to do it. I didn't need to know exactly how He would restore my marriage. I just needed to be a willing vessel. All God needed from me was my yes.





REVELATION

04

Sacrifice is the start.

God may have been looking for me to be a willing vessel, but I didn't realize it at the time. I was desperate to understand how God intended to use me to save my marriage.

However, I still couldn't see my contribution to our struggles, so grasping how God would change me to save my marriage was incredibly difficult. But God showed up for me again—not through a direct word this time but through a powerful reminder of Jesus' example.

I had studied marriage enough to know that it somehow reflected Jesus' relationship with the church. I looked deeper into that relationship to see if it held any answers. Remembering that Paul wrote about this topic in his letter to the Ephesians, I opened my Bible and read:

“And to the husbands, you are to demonstrate love for your wives with the same tender devotion that Christ demonstrated to us, his bride. For he died for us, sacrificing himself to make us holy and pure, cleansing us through the showering of the pure water of the Word of God.” Ephesians 5:25-26 TPT

Paul said to love my wife as Christ loved the church. Since the church is composed of Christ's followers, including me, I realized I needed to love my wife as Christ loved me. How did He do that? He gave His life for me.

This truth is incredible and mind-blowing if we dwell on it, but maybe you have heard it so much that it is mundane. I certainly didn't grasp its importance back then. At the time, I felt confident that I would be willing to do the same as Christ did for me, but I didn't fully grasp the depth of Christ's sacrifice.

What did Jesus do for His followers before giving them His life? He served them sacrificially, provided for their needs without expecting anything in return, taught them heavenly wisdom, blessed them with His presence and attention, and prayed for them before the Father. But even before all of this, He first had to come to earth.

Have you ever considered what it meant for God the Son to take on a human form? I don't mean to imply that humanity lacks dignity—we are made in God's image, after all. But this was God Himself humbling Himself to walk among us so we could again be in right relationship with Him. He left His perfect, exalted existence for our sake.

And how did we repay Him for this sacrifice?

By the end of His earthly life, Jesus was abandoned and betrayed by even His closest followers, with some denying they ever knew Him. This harsh treatment, despite all He had done for them, highlights humanity's inherent selfishness. God the Son must have been aware of this ahead of time—after all, He is omniscient—and yet chose to endure it anyway.

Why would someone do that? Why would God come to earth in human form, knowing He would be rejected and subjected to unimaginable pain and humiliation? God led me to another passage written by Paul to the church in Philippi:

“Abandon every display of selfishness. Possess a greater concern for what matters to others instead of your own interests. And consider the example that Jesus, the Anointed One, has set before us. Let his mindset become your motivation. He existed in the form of God, yet he gave no thought to seizing equality with God as his supreme prize. Instead he emptied himself of his outward glory by reducing himself to the form of a lowly servant. He became human! He humbled himself and became vulnerable, choosing to be revealed as a man and was obedient. He was a perfect example, even in his death—a criminal’s death by crucifixion!” Philippians 2:4-8 TPT

Jesus understood what truly mattered and acted on it. He knew our salvation was a more significant concern than His “outward glory.” He was willing to sacrifice, serve, suffer, and be humiliated—all to bring us back into relationship with God. Jesus came to earth in human form to save His relationship with humankind. This is wild, reckless, and relentless love.

God used this passage to propel me into action. If He gave up everything to save His relationship with me, shouldn't I adopt the same approach to save my relationship with my wife? This mindset was critical because it removed every limitation and condition I had placed on my love.

Every time I thought, “I won't do this unless she does that,” or “If she hurts me, I'll hurt her back,” God brought my mind back to Jesus' example.

I've heard too many people talk about the sacrifices they are unwilling to make for their spouses. They approach marriage with a transactional, tit-for-tat mentality, aiming for perfect equality. But here's a secret:

The foundation of a strong marriage isn't equality—it is sacrifice.



A healthy marriage isn't governed by the law of "an eye for an eye." It is a journey of two people showing forbearance and lovingkindness, even when it is not deserved. God asked me a challenging question: Why was I unwilling to give up everything to save my relationship with my wife?

I was once a sinner in rebellion against God. I had walked away from Him, betraying Him just as His followers did over 2,000 years ago. But even then, Jesus saw me and gave up His life so I could be part of His Kingdom. How much more should I be willing to give up far less to save my marriage?

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The Turnaround

Reflecting on this season, it is wonderful to remember God's continued revelations, giving me exactly what I needed when I needed it. All I had to do was humbly submit each day, acknowledging that only God knew what to do. He knew my marriage could be saved, and He continued to work with me, foolish as I was.

The recent revelation about personal sacrifice made me almost reckless. I was so convinced that my wife was going to leave me that I began to prepare for the worst. I resolved to do everything I could to bless her, even if she left me. I decided to assume all our debt, including her car loan, and leave her with a clean slate. I planned to move back in with my parents until I could get back on my feet, but I would continue sending her money until she could fully support herself. The spirit of determination that came over me was so strong that I cannot explain it. It must have been from God because it was downright ridiculous from a human perspective.

I may not know your specific situation, but I do know that this level of sacrifice is the key to giving your marriage the best chance at restoration. First, it is a weighty statement of love to show mercy and grace. It demonstrates the love of Jesus and serves as a reminder to your spouse that true fulfillment can only come from Him.



The grass isn't often greener on the other side of a failed marriage, but life is always better with the Lord. By taking this approach, you are not only considering your marriage but also your spouse's eternal soul.

Second, such sacrificial love changes your heart, making you more humbly focused on your spouse. Instead of dwelling on your desires or their shortcomings, you think about their well-being. This naturally leads to new insights—you start seeing things you missed before. You might discover ways to support her, recognize personal unhealthy habits or relationships you need to let go of or find fresh opportunities to encourage them. Shifting your focus in humility to your spouse and their perspective can be a catalyst that opens your eyes. It could quite literally be the action that saves your marriage.

Third, this kind of sacrifice invites God's blessing into your life. God sees and rewards you when you suffer and sacrifice because of Christ. That blessing may take many forms, but selfishness and disbelief can prevent it. Instead of inviting God to work in and through your life, you risk rejecting His influence. I was far from perfect during this season, but God was changing my heart. All I did was invite Him in and obey what He was leading me to do.

All of this culminated in a day that began to turn everything around. We had just attended church and were back home. I distinctly remember we were lying on our bed, which felt unusual at that point. She had rested her head on my chest, and I felt like I could finally talk to her. I gently reminded her that I loved and cared for her. Then, I don't know what prompted me, but I said, "Even if we ended up separating and going our separate ways, I promise to do everything I can to take care of you." I went on to explain precisely what that meant.

The look on her face was one of complete shock. "Who would do that?!" she exclaimed. She was in genuine disbelief that I would make such a promise.

God spoke to her that day, showing her that there was hope for our marriage. That moment planted a seed in her heart, slowly convincing her that our marriage could be salvaged.

God Can Change Me

From that moment on, things started to improve, but it was still a painful process. Part of that pain stemmed from my wife's internal struggles, yes, but the far more painful part was coming to terms with just how badly I had contributed to our marriage's brokenness.

Little by little, God opened my eyes to my selfishness, apathy, defensiveness, and laziness. However, I would never have seen these truths without a renewed commitment to pursue God.

It might sound cliché to say that God is the answer to your marital problems, but truth is truth. He is the answer because He is the only one who can help you overcome the real issue—yourself!

We all have a sinful nature that bends us toward selfishness. Without God's grace in our lives, we gradually slip deeper and deeper into darkness. Worse still, we are so blinded by our sin that we can't even see the broken, sad creature we are becoming. We become righteous in our own eyes because we remain on the throne of our hearts instead of surrendering it to its rightful master.



As a follower of Christ, you need to understand that the power to overcome your inner struggles can only come through surrender to God. I imagine a throne room inside my heart where I step off the seat of authority and surrender it to God, allowing Him to rule and reign over me. As you give your life to Him in simple faith daily, He transforms you. He replaces your heart of stone with a heart of flesh, makes you a brand-new creation, and shapes you into a holy servant set apart for greatness.

Surrendering to God is the key to saving your marriage! As you surrender, you become more like Jesus and gain the strength to relinquish your selfish desires. You become a humble servant, ready and willing to endure hardship for the sake of those God has called you to love—starting with your spouse.

I hope you see what I'm doing here. I'm trying to shift your focus away from your spouse's perceived faults and onto

what you can change about yourself by partnering with God. How do we do this? We can do this by increasingly giving our lives over to God as He patiently teaches us to reject the thoughts and actions that keep us from His best. But He can't teach us if we never pursue Him or talk with Him.

We need to read the Bible, pray, worship, and have fellowship with other believers, attend and serve at a church, and give and love others. Each action draws us nearer to God and invites Him to have His way in our lives. This is how you transform into the person God always intended you to be.

At the most pivotal moment of my life, I began relentlessly pursuing God. I thought I was following Him before, but He revealed area after area in my life that needed to change. He gave me the necessary answers to start walking back into my rightful leadership role through service.





REVELATION 06

Service is the way.

If you remember nothing else, remember these three words: sacrifice, surrender, and service.

- Sacrifice changed my wife's mind about me and gave her hope that our marriage could work.
- Surrender to God allowed Him to transform my heart and reveal areas that needed change in my marriage and broader life.
- Service is where sacrifice and surrender come together in tangible actions that transform your marriage and make you outstanding in God's Kingdom.

Service is the number one indicator of greatness in the Kingdom of Heaven. Jesus said it this way:

"But this is not your calling. You will lead by a completely different model. The greatest one among you will live as the one who is called to serve others, because the greatest honor and authority is reserved for the one with the heart of a servant." Matthew 20:26-27 TPT

There you have it! The King of kings and Lord of lords has made it clear what He values. It is not fame, wealth, power, pleasure, experience, influence, or any other human-made concoction of what constitutes success. Heavenly wisdom declares that service is greatness in God's upside-down Kingdom. God is most pleased with—and will bestow the most honor on—those who serve the most. And what better place to start than with your spouse?

You should be fighting with your spouse—not over petty squabbles about who gets to be the most selfish. No! You should be fighting to see who can be the most selfless by serving the other the most. You should be striving to outdo one another in love.

Maybe you'll object and say you don't want to because they haven't loved you well, or because they've hurt you too much, or because you've lost your feelings for your spouse and are ready to give up. To that, I ask: Did Jesus stop serving and loving you because you rejected Him? Did He stop loving all of us when they spit in His face, beat Him nearly to death, and nailed Him to a cross? He did not give up on you, so why would you give up on your spouse?

I know this is hard to grasp because it goes against our fallen nature. Striving for equality or even win-win scenarios in marriage may work for some people, but I believe it falls short of the glorious riches God has for you. Instead, we must focus on maximizing selfless service, rejecting our own interests for the sake of our spouse.

What does that look like practically? Here are a few examples:

- Carving out time and space to truly connect with your spouse.
- Overlooking the small stuff like clothes left on the floor.
- Forgiving instantly, letting go of offense without waiting for a groveling apology.
- Reducing the burdens on your spouse as much as possible.
- Expressing love in their favorite ways with passion, thoughtfulness, and intentionality even when you don't feel it.
- Letting go of activities, things, and relationships that detract from your marriage.
- Giving up something you wanted for something they want.
- Prioritizing their dreams and aspirations, even above your own.
- Respect their opinions and never defame them in front of anyone for any reason.
- Loving and serving them, even when you are exhausted.

Sharing God's love through service is the path to saving your marriage. No amount of counseling will save a marriage where two selfish people are just trying to get what they want from each other. Harmonious, godly marriage is unleashed when husband and wife fight to outdo one another in love and service.

If you want to save your marriage, stop looking at your own interests. Instead, proactively think about how to serve and love your spouse better—then do those things.



Harmonious, godly marriage is unleashed when husband and wife fight to outdo one another in love and service.



The Fear of Losing

As God grew me in sacrifice and service toward my wife—a process that took years and is still ongoing—a simple yet persistent fear kept creeping into my heart. I was afraid I was putting in all this effort to save something already lost and unsalvageable. What if I gave her everything and she still left me?

Thank God this was not my fate. But I know people who have been as selfless as possible in their marriage, only for it to end in divorce. The reality is that this can and does happen. So, knowing this truth, should we do anything differently?

No, we should not.

Our first allegiance is to God, who teaches us that sacrifice, surrender, and service are the paths we should take. This is true regardless of who decides to join us on this path or follow our example.

Think of Jesus! Did He stop sacrificing, surrendering, and serving even with the foreknowledge that everyone would betray Him? No. He humbly submitted to God the Father and trusted Him with the outcome.

This is the crux of what I'm trying to convey: You must believe that God will care for your every need, even if everything falls apart. I'm not just talking about your physical needs but your need for love and fulfillment.

Your spouse may leave your life, and

you may never find someone to share your life with. And yet, God asks us to trust Him regardless. Does God have enough resources and love to care for us? It almost seems silly to ask this of an infinite being.

But we all wrestle with feelings of fear and doubt. To quiet those fears, you only need to spend time with God to realize they are baseless. To know and be known by God is the most satisfying purpose of our existence.

So I ask you: Do you know who He is?





It all starts with God...

Everything with actual value and meaning in life is always traced back to God.



Knowing Him changes everything, and I assure you it gives you the best chance at saving your marriage. But even if it doesn't, my encouragement to you today is this: Christ is worth so much more than the most remarkable marriage that has ever existed in this universe. The love and satisfaction He provides can never be lost. He is our prize, the deepest desire of our hearts. Run to Him; no matter what happens with your marriage, you will know love like never before.

If you haven't given Him lordship over your life yet, I invite you to do so now. Nothing in your past, present, or future cannot be forgiven by Him. Jesus paid all of your debt on the cross and set you free so that you might live the flourishing life He originally intended. It is not difficult to start. Pause now and say a prayer like this:

Thank you, Jesus, for what you did for me on the cross. I believe that you are God's Son and came to take away my sins. As best as I know how, I give you my life. Come and be the ruler of my heart and lead me to true freedom.

If you just authentically prayed that prayer, you are now an adopted child of God. You are an heir to the privileges and authority granted to Christ Jesus. This is the most incredible and life-changing decision you will ever make! But it doesn't stop here—it is only just beginning!

Find a church family to surround you with love and support as you start this journey. Get a Bible and begin reading it (I recommend starting with the Gospel of Matthew). Talk with God every day and throughout the day. He is always ready to hear from you. You are His delight! Never forget your worth in His eyes. Pursue Him in every season, and your life and marriage will continue to grow in depth and impact.

Never doubt God's mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energizes you. Now we offer up to God all the glorious praise that rises from every church in every generation through Jesus Christ—and all that will yet be manifest through time and eternity. Amen! Ephesians 3:20-21 TPT

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